

SPEAR Dance Challenges



Dance Lessons

Celebrating dance is all about accessibility and the fun and health benefits of this art form. If pupils (and staff!) feel they either can't or don't enjoy dance, perhaps that's because they haven't tried the right type. Why not have taster classes of various styles, or build confidence by focussing on one and mastering it? Who knows, maybe put on a show for faculty and parents!

Sponsored Danceathon

Dermot O' Leary did 24 hours for Comic Relief 2015 but dancing doesn't have to be a marathon. Why not spend an afternoon or a lesson trying your hand at various disciplines or just freestyling. Feel good doing good!



School Disco

End of term discos are a time honoured tradition from when teachers' teachers were going! Why not celebrate the end of an excellent school year while raising funds for those sleeping rough or in need of a home.

WHY RAISE FUNDS WITH A DANCE CHALLENGE? Homelessness is more than just a housing issue. We address all issues of client wellbeing, including health, fitness and self confidence, just the things dance gives. Is there a more appropriate way to raise funds?

