

# SPEAR

*homelessness to independence*



# Health & Wellbeing Day

for those experiencing homelessness or seeking asylum

**RICHMOND**

**26 April 2023**

**10am to 2pm**

*The Vineyard Community Centre, The Vineyard, Richmond TW10 6AQ*

For assistance with travel costs, contact **SPEAR** on **07876 899330**

## **FREE...**

- + Vaccinations
  - + Emotional wellbeing
  - + Substance misuse support
  - + Breakfast and lunch
  - + Clothes
  - + Hairdresser
  - + GP
  - + Liver fibroscans
- ...and much more**

**You do not need to be registered with a GP, have proof of address or immigration status**



**SPEAR**  
HOMELESS HEALTH  
LINK SERVICE



**COMMUNITY  
FUND**