

# SPEAR

*homelessness to independence*

## KINGSTON

# HEALTH & WELLBEING DAY

*for people experiencing homelessness or seeking asylum*



**19 MARCH 2024**

**10 am - 2 pm**



**Mayo Centre,  
Eden St, Kingston upon  
Thames, KT1 1HZ**



**general  
health check**



**emotional  
wellbeing**



**free  
lunch**



**clothes,  
hairdresser**



**substance  
abuse  
support**



**NHS liver  
fibroscan**



**dental  
advice**



**& much  
more!**

→ You do not need to be registered with a GP, have proof of address or immigration status.

→ For assistance with travel costs, contact SPEAR on 0787 6899 330.



**St George's University Hospitals**  
NHS Foundation Trust



## SPEAR

**HOMELESS HEALTH  
LINK SERVICE**

Charity number: 1122206 | Company number 06396687 | 89 Heath Road, Twickenham, TW1 4AW