



SPEAR
homelessness to independence

HEALTH & WELLBEING DAY

*for people experiencing homelessness, seeking asylum
or affected by addiction*



Thursday 22 August
12 midday - 4pm



Queen Mary Hall
Cambridge Gardens
Kingston, KT1 3NJ



**general
health check**



**emotional
wellbeing**



**free
lunch**



hairdresser



**substance
abuse
support**



**NHS liver
fibroscan**



**dental
advice**



**& much
more!**

You do not need to be registered with a GP, have proof of address or immigration status.



For help with travel costs, contact SPEAR on 07773 036612.



Charity number: 1122206 | Company number 06396687 | 89 Heath Road, Twickenham, TW1 4AW